



January

2018

High School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Breakfast is the most important meal of the day! It has been proven that students who eat breakfast will perform better in school. Encourage your child to eat breakfast with us!</p> <p>Consuming raw or undercooked food may cause foodborne illness</p>
	<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p>Maple Pancakes Orange Non Fat Milk</p>	<p>3</p> <p>Mini Strawberry or Cinnamon Bagel Orange 100% Fruit Juice Non Fat Milk</p>	<p>4</p> <p>Cheez-its String Cheese Apple Non Fat Milk</p>	
<p>7</p> <p>Trix, Cocoa Puff, or Cinnamon toast Crunch Bar String Cheese Orange Non Fat Milk</p>	<p>8</p> <p>Turkey Sausage Pancake Wrap Orange 100% Fruit Juice Non Fat Milk</p>	<p>9</p> <p>Berry French Toast Orange Non Fat Milk</p>	<p>10</p> <p>Fudge or Strawberry Pop-tart String cheese Orange 100% Fruit Juice</p>	<p>11</p> <p>Strawberry or Blueberry Nutri-Grain Bar Orange Sting Cheese Non Fat Milk</p>	
<p>14</p> <p>Maple French Toast Apple Non Fat Milk</p>	<p>15</p> <p>Blueberry Waffles Apple 100% Fruit Juice Non Fat Milk</p>	<p>16</p> <p>Strawberry or Blueberry Nutri-Grain Bar String Cheese Apple</p>	<p>17</p> <p>Chocolate, Blueberry, & Apple Muffin Apple String cheese 100% Fruit Juice Non Fat Milk</p>	<p>18</p> <p>Apple Frudel Apple Non Fat Milk</p>	
<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>Cinnimini Roll Orange 100% Fruit Juice Non Fat Milk</p>	<p>23</p> <p>Turkey Sausage Pancake Wrap Orange Non Fat Milk</p>	<p>24</p> <p>Mini Strawberry or Cinnamon Bagel Orange 100% Fruit Juice Non Fat Milk</p>	<p>25</p> <p>Strawberry or Fudge Pop-tarts String Cheese Orange Non Fat Milk</p>	
<p>28</p> <p>Apple Frudel Banana Non Fat Milk</p>	<p>29</p> <p>Maple Waffles Banana 100% Fruit Juice Non Fat Milk</p>	<p>30</p> <p>Cinnimini Roll Banana 100% Fruit Juice Non Fat Milk</p>	<p>31</p> <p>Chocolate, Blueberry, & Apple Muffin Banana String cheese 100% Fruit Juice Non Fat Milk</p>		

Wyoming Valley West School District



Breakfast is Free for ALL Students!!
Milk: Chocolate, Skim, & 1% Milk Offered Daily
Strawberry when available
Juice: Fruit Punch, Orange, & Apple Juice
BAGEL W/ CREAM CHEESE SERVED DAILY

Menus are subject to change without notice.

