



# January

## Weekly Sandwiches and Salads

**Week 1:** Ham and Turkey Club Sandwich or Fruit Salad w/ yogurt

**Week 2:** Beef Nacho Salad or Honey Mustard chicken Wrap

**Week 3:** Ham and Cheese Sandwich or Tuna Salad Platter

**Week 4:** Chicken Caesar Wrap or Turkey Chef Salad

**Week 5:** Turkey and Swiss Sandwich or Buffalo Chicken Ranch Salad

Fresh Fruit: Apple, Banana Orange  
Milk: Skim Chocolate, 1% White Milk, Skim Vanilla, & Skim Strawberry

Consuming Raw or Undercooked food may cause foodborne illness



This institution is an equal opportunity provider.

NO SCHOOL

1  
**NO SCHOOL**

2  
**Chicken Nugget Country Bowl**  
**Cheesesteak Sub**  
Fresh Fruit, Diced Peaches  
Cauliflower, Celery Sticks

3  
**General Tso's Beef Dippers with Rice**  
**Cheese Sticks**  
Fresh Fruit, Fruit Juice, Applesauce  
Pinto Beans, Fresh Baby Carrots

4  
**Mini Corn Dogs**  
**Cheese Pizza**  
Fresh Fruit, Strawberries  
Cooked Broccoli, Cucumbers

7  
**Salisbury Steak with noodles, Gravy, & Roll**  
**Hot Dog**  
Fresh Fruit, Fruit Juice, Diced Pears  
Corn, Baby Carrots

8  
**Sweet & Sour chicken with Rice**  
**Cheeseburger**  
Fresh Fruit, Fruit Juice, Diced Pears  
Mix Roasted Vegetables, Pepper

9  
**Egg & Cheese Omelet, Sausage & Toast**  
**Pizza Sticks**  
Fresh Fruit, Diced Peaches  
Vegetarian beans, Celery Sticks

10  
**Fish Nuggets with Mac and Cheese**  
**Grilled Cheese**  
Fresh Fruit, Fruit Juice, Applesauce  
Roasted Cauliflower, Celery Sticks

11  
**Boneless Chicken wings**  
**Cheese Pizza**  
Fresh Fruit, Strawberries  
Cooked Broccoli, Cucumbers

14  
**Chicken Drumstick, Mashed Potatoes, & Corn Muffin**  
**Cheeseburger**  
Fresh fruit, Fruit Juice, Diced Pears, Green Beans, Red Peppers

15  
**BBQ Pork Sandwich**  
**Chicken Patty**  
Fresh fruit, Fruit Juice, Diced Pears, Vegetarian Beans, Red Peppers

16  
**Walking Tacos**  
**Grilled Cheese**  
Fresh Fruit Diced Peaches  
Glazed Carrots, Fresh Zucchini

17  
**Turkey Dinner w/ mashed potatoes and corn muffin**  
**Hot Dog**  
Fresh Fruit, Fruit Juice, Applesauce  
Corn, Celery Sticks

18  
**Fried Rice w/ Egg Roll**  
**Cheese Pizza**  
Fresh Fruit, Strawberries  
Cooked Broccoli, Coleslaw

21  
**NO SCHOOL**

22  
**Popcorn Chicken Bowl**  
**Cheeseburger**  
Fresh Fruit, Fruit Juice, Diced Pears  
Corn, Sliced Cucumbers

23  
**Pierogies in Alfredo sauce with Ham**  
**Chicken Patty**  
Fresh Fruit, Diced Peaches  
Cauliflower, Celery Sticks

24  
**Chicken Tenders**  
**Grilled Cheese**  
Fresh Fruit, Strawberries  
Campfire Beans, Baby Carrots

25  
**ACT 80 DAY**  
**Turkey Sandwich**  
**Carrots**  
**Apple**  
**Milk**

28  
**Salisbury Steak with Mashed Potatoes, Gravy & Roll**  
**Chicken Nuggets**  
Fresh Fruit, Diced Pears  
Corn, Red Peppers

29  
**Cheese Penne w/ Garlic Bread**  
**Cheeseburger**  
Fresh Fruit, Fruit Juice, Diced Pears  
Green Bean & Carrot Mix, Sliced Cucumbers

30  
**Oriental Popcorn Chicken w/ lo mein**  
**Grilled Cheese**  
Fresh Fruit, Diced Peaches,  
Sweet Potato tots, Zucchini

31  
**Chicken Parm Sandwich**  
**Pizza Sticks**  
Fresh Fruit, Fruit Juice, Diced Pears  
Campfire Beans, Celery Sticks

NO SCHOOL