

# WHY DO BULLIES BULLY?

It can be hard to understand why anyone would want to bully you.

You may be **PUZZLED** and ask: "What did I do wrong?" or "Why are they picking on me?"

Many things can drive one person to hurt another. Bullies might not feel good about themselves or might not know a better way to express their feelings. They might think bullying will solve their problems or make people like them.

It's important to know that there's nothing wrong with you. Bullies bully because of something about themselves. They don't know their thinking is wrong. Bullying won't help them. It will only make things worse.

**Reasons are not excuses.**

It's  
**NEVER OK**  
to hurt  
another  
person  
in any way.

