

# EASY & DELICIOUS SCHOOL MEALS

## Powering the potential of every student is our passion

At Aramark Student Nutrition, we believe that nutrient-packed, delicious meals fuel students for success. Our teams work tirelessly to ensure that students have access to fresh, craveable meals through creative recipes, conveniently served. Seasonal menus feature special promotions and partnerships with trusted brands to provide an ever-changing selection of exciting meals. We are looking forward to serving each and every student throughout the upcoming school year!



# **Meet your Aramark Student Nutrition Team:**

Jennifer Turel – Food Service Director Tatum O'Brien – Assistant Food Service Director

### 2024-25 Meal Prices:

**Breakfast** 

**Elementary: FREE** 

Middle: FREE

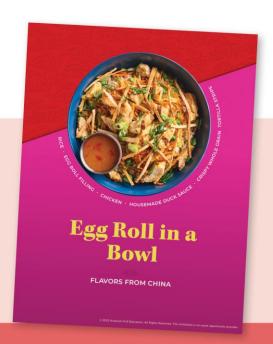
High: FREE

Lunch

**Elementary:** FREE

Middle FREE

High: FREE



### Dear Wyoming Valley West Families,

On behalf of Wyoming Valley West Nutrition Services, I would like to take this opportunity to welcome our students to the 2024-25 school year! We hope you enjoyed your summer and are ready and excited to be back in school. We, as Aramark Student Nutrition, are pleased to be your school district's food service provider.

### What does a full meal include?

Breakfast menus offer a variety of entrees, fruit and milk selections daily. A student must take at least  $\frac{1}{2}$ cup fruit and two other items to make a meal.

Lunch menus include entrée choices ranging from hot feature items, grill favorites, vegetarian offerings, pizza, and more. School meals are delicious and nutritious, providing protein and grains, along with milk, fresh fruits and vegetables. To ensure balanced nutrition, students must take at least 1/2 cup of fruit OR vegetable plus two other foods (selecting from protein, grains, milk, fruit and vegetable) for a reimbursable meal.

Wyoming Valley West is approved for the Community Eligibility Provision (CEP), a meal program option offered by the USDA that allows us to serve school breakfast and lunch at no charge to all enrolled students, regardless of financial condition. Families don't need to take any action. We only remind and encourage your child to take advantage of this opportunity and grab a breakfast and lunch every school day. We look forward to working for you to create a healthy learning environment for all students.