

OCCUPATIONAL THERAPY



in the school setting



Wyoming Valley West OT Department

General OT Practice

Identify strengths and needs related to difficulties in the completion of functional tasks related to meaningful "Occupations":

Activities of Daily Living (ADLs): Dressing, Hygiene, Feeding/Eating
Instrumental Activities of Daily Living (IADLs): technology use, organization/time management, meal prep, and community mobility.
Health management (coping strategies - social/emotional needs, pain management, physical activity).
Education, Play, Leisure, Rest & Sleep, Work, and Social participation
They can address physical, cognitive, psychosocial, and sensory.
(OTPF-4)

School Based Practice

Licensed Related Service Providers who support gaining access to, participate in, and benefit from educational programs. Their services are defined in the Individuals with Disabilities Education Act (IDEA) as supports to assist students to benefit from their special education and be focused on school-related needs. They function to screen and evaluate students regarding eligibility for special education and the need for services. The focus is on academic function in relation to those meaningful "occupations". They can work on areas such as Fine Motor, Visual Motor, Visual Perception, Executive Functioning, Sensory Processing, Self-Care, Emotional Regulation.

For more information (<http://www.aota.org>)



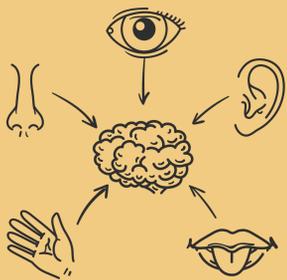
Early Identification & Intervention

Multi-Tiered System of Supports (MTSS) - early identification and intervention for ALL students who may need support prior to failure.



Promotion, prevention, early identification, & intervention associated with occupational performance needs.

School-wide screening for skills, frequent assessment, a team approach, data-based decision making. As OT's, we can assist with screenings, collect data, provide teacher training, model activities to whole classrooms or small groups and assist with team problem solving (AOTA).



OT Roles to support independence, access to, and participation in school setting.

Screenings - Early detection & Identification

Identify Strengths & Needs

Develop Goals or Specially Designed Instruction

Implement strategies to enable meeting goals & access to educational program.

Push in Sessions, Small Groups, Individual Pull Out sessions, Collaboration with Teachers, Parents, Related Services, and Staff.

Integrate specific interventions into educational program to assist with participation and skill acquisition.

Modify environments or tasks

Select design and fabricate assistive devices or technology



TOP 4: SCHOOL BASED - OT SERVICES?

- 1) Are the student's limitations affecting education?
- 2) Are the student's needs educational, not just medical?
- 3) Is OT necessary for the student to benefit from educational program?
- 4) Do they have potential to improve access to education & achieve outcomes?