



Dana, State, & Schuyler Breakfast Menu

Have a Great Day!

February 2020

<p>3</p> <p>Maple Waffles</p> <p><u>Fruit Choices:</u> Fresh Banana, Diced Pears Choice of Milk</p>	<p>4</p> <p>Maple Pancake Sausage Wrap</p> <p><u>Fruit Choices:</u> Fresh Banana, Mixed Fruit 100% Fruit Juice Choice of Milk</p>	<p>5</p> <p>Strawberry Pop-tart</p> <p><u>Fruit Choices:</u> Fresh Banana, Applesauce Choice of Milk</p>	<p>6</p> <p>Cheez-its</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana, Strawberries, or 100% Fruit Juice Choice of Milk</p>	<p>7</p> <p>Chocolate Chip Muffin</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana or Peaches Choice of Milk</p>
<p>10</p> <p>Apple Frudel</p> <p><u>Fruit Choices:</u> Fresh Banana, Diced Pears Choice of Milk</p>	<p>11</p> <p>Cinnimini Bar</p> <p><u>Fruit Choices:</u> Fresh Banana, Mixed Fruit 100% Fruit Juice Choice of Milk</p>	<p>12</p> <p>Apple Cinnamon Muffin</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana, Applesauce Choice of Milk</p>	<p>13</p> <p>Trix Bar</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana, Strawberry Cup 100% Fruit Juice Choice of Milk</p>	<p>14</p> <p>NO SCHOOL</p>
<p>17</p> <p>NO SCHOOL</p>	<p>18</p> <p>Cocoa Puff Cereal Bar</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana, Fruit Cocktail, or 100% Fruit Juice Choice of Milk</p>	<p>19</p> <p>Bagel w/ Cream Cheese</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana or Applesauce Choice of Milk</p>	<p>20</p> <p>Cinnamon Toast Crunch Soft Bar</p> <p><u>Fruit Choices:</u> Fresh Banana, Strawberries, or 100% Fruit Juice Choice of Milk</p>	<p>21</p> <p>Blueberry Waffles</p> <p><u>Fruit Choices:</u> Fresh Banana or Peaches Choice of Milk</p>
<p>24</p> <p>Fudge Pop-tart</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Banana, Diced Pears Choice of Milk</p>	<p>25</p> <p>Maple Pancakes</p> <p><u>Fruit Choices:</u> Fresh Apple, Mixed Fruit 100% Fruit Juice</p>	<p>26</p> <p>Cocoa Puff Soft Bar</p> <p><u>Fruit Choices:</u> Fresh Apple, Applesauce Choice of Milk</p>	<p>27</p> <p>Blueberry Muffin</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Apple, Strawberry Cup 100% Fruit Juice Choice of Milk</p>	<p>28</p> <p>Strawberry Pop-tart</p> <p><u>String Cheese</u> <u>Fruit Choices:</u> Fresh Orange, Peaches Choice of Milk</p>
<p>Blank</p>	<p>Blank</p>	<p>Blank</p>	<p>Blank</p>	<p>Blank</p>

Breakfast FREE to all Students!

Take 3 of 4 Components: Protein, Bread/Grain, Fruit and Milk. You can take 2 Bread/Grain options and count it as two components towards your meal!

- Assorted Cereal:** Apple Jacks, Cheerios, Cocoa Puffs, Lucky Charms, & Trix
- *Daily Fruit:** Fresh Apple, Fresh Orange, Fresh Banana
- **Milk Choice:** Skim Chocolate, 1% White Milk, Skim Vanilla, Skim & Lactose Milk

Consuming raw or undercooked food may cause foodborne illness