



Middle School Breakfast Menu

Available Daily!
Breakfast is Free to all Middle School students!

February 2020

3
Maple Waffles
Fruit:
Fresh Apple
Choice of Milk

4
Mini Strawberry Bagel
Fruit:
Fresh Apple
100% Fruit Juice
Choice of Milk

5
Bagel with Cream Cheese
String Cheese
Fruit:
Fresh Apple
Choice of Milk

6
Cheez-it
String Cheese
Fruit:
Fresh Apple
100% Fruit Juice
Choice of Milk

7
Chocolate Chip or Apple Muffin
String Cheese
Fruit:
Fresh Apple
Choice of Milk

10
Apple or Cherry Frudel
Fruit:
Fresh Orange
Choice of Milk

11
Cinnimini Bar
Fruit:
Fresh Orange
100% Fruit Juice
Choice of Milk

12
Apple or Blueberry Muffin
String Cheese
Fruit:
Fresh Orange
Choice of Milk

13
Trix or Cocoa Puff Bar
String Cheese
Fruit:
Fresh Orange
100% Fruit Juice
Choice of Milk

14
NO SCHOOL

17
NO SCHOOL

18
Cocoa Puff or Cinnamon Toast Crunch Bar
String Cheese
Fruit Choices:
Fresh Banana
100% Fruit Juice
Choice of Milk

19
Confetti Pancakes
Fruit Choices:
Fresh Banana
Choice of Milk

20
Cinnamon Toast Crunch Soft Bar
Fruit Choices:
Fresh Banana
100% Fruit Juice
Choice of Milk

21
Blueberry Waffles
Fruit Choices:
Fresh Banana
Choice of Milk

24
Maple Pancake Sausage Wrap
Fruit Choices:
Fresh Banana
100% Fruit Juice
Choice of Milk

25
Maple Pancakes
Fruit Choices:
Fresh Apple
100% Fruit Juice
Choice of Milk

26
Cocoa Puff Soft Bar
String Cheese
Fruit Choices:
Fresh Apple
Choice of Milk

27
Rice Krispies Bar
String Cheese
Fruit Choices:
Fresh Apple
100% Fruit Juice
Choice of Milk

28
Strawberry or Fudge Pop-tart
Fruit Choices:
Fresh Apple
Choice of Milk

A breakfast meal has 4 components: Grain/Meat or Meat Alternative, Fruit and Milk. A student must choose 3 components to make it a meal, and one item must be a Fruit.

Pricing:
Student: FREE
Adult Pay \$ 1.00

Food Service Office: 570-779-0735

Consuming Raw or Undercooked food may cause foodborne illness

Assorted Juice: Apple, Orange, & Fruit Punch Juice

Milk Choice: Skim Chocolate, 1% White Milk, Skim Vanilla, Skim & Lactose Milk

